

Spring/Summer 2021

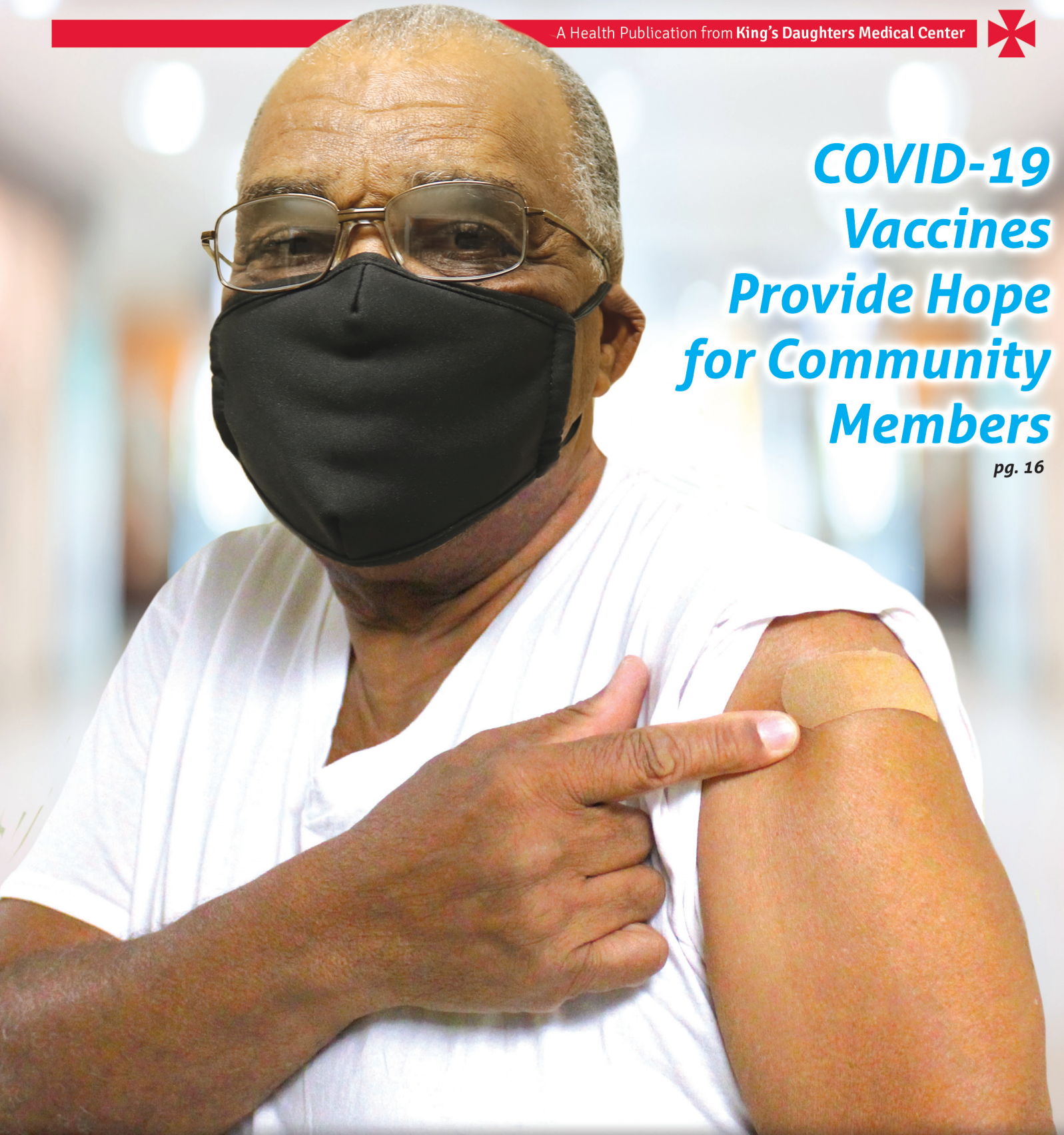
WellnessViews

A Health Publication from King's Daughters Medical Center



COVID-19 Vaccines Provide Hope for Community Members

pg. 16



**New COVID-19 Treatment at KDMC
Sharply Reduces Symptoms** *pg. 6*

**Vascular Clinic Provides Crucial
Services to Dialysis Patients** *pg. 10*

KDMC.org

A close-up photograph of a middle-aged Black couple smiling and embracing each other outdoors. The man is on the right, wearing a blue sweater, and the woman is on the left, with curly hair. The background is a soft-focus green landscape. A dark blue and maroon geometric overlay covers the bottom left of the image.

KNOW YOUR HEART

Healthy Heart Program

You may have a serious cardiovascular risk and not even know it. That's why we designed our Healthy Heart Program. Efficient, patient-friendly tests look for heart and other issues. You get all your results before you leave, plus a diet and lifestyle consultation. The cost? Just \$100 and an hour of your time. What's peace of mind worth to you?

KDMC, caring for our community like no one else can.



KING'S DAUGHTERS
MEDICAL CENTER

Message from the CEO



In this edition of *Wellness Views* we take a look at how monoclonal antibody therapy has had a positive impact on COVID-19 patients in our community, how KDMC employees have stepped up to handle the additional calls and communication challenges caused by the virus, and how KDMC is helping get "shots in arms" to immunize our community against the virus.

We are also highlighting some of our lesser known services – wound care, vascular services for dialysis patients, diabetic education and a new service: pelvic floor therapy. We have upgraded our electronic medical records platform, and we share its impact on nursing for inpatients.

Our community has been in the thick of the pandemic for over a year now. It has been a difficult time for everyone. I want to give a shoutout to the KDMC family and to healthcare workers throughout our community for their dedication to patients and residents. They have been awesome and are truly heroes. Thank you!

Mississippi has made great progress with the vaccine. Even so, our State Health Officer, Dr. Thomas Dobbs, is concerned about a fourth surge of COVID. Variants of the virus have shown up in the state. These variants are more contagious and progress into illness more rapidly than the original strain. As we have cleared each surge, our COVID inpatient volume at KDMC has dropped to one or two, or none. It looked like we were done with COVID. Unfortunately, the virus came raging back each time.

I hope we are closer to being done with the virus this time. Please help us end the pandemic by continuing to wear a mask, avoid large gatherings and social distancing over the next few weeks as our state opens back up and more of our regular activities resume.

It's our privilege to serve you, and thanks for choosing KDMC!

ALWAYS providing quality health and wellness in a Christian environment.

A handwritten signature in black ink, appearing to read "Alvin Hoover".

Alvin Hoover, FACHE, CEO
King's Daughters Medical Center



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LIFELONG CARE

KDMC IS HERE FOR YOU, ALWAYS

Your family and their healthcare are important to you. And that's why they're important to us. There is no reason to delay medical care and routine checkups. King's Daughters is prepared to care for you and your family. We are here with a clean, safe environment to provide the high-quality care you've always counted on.

KDMC, caring for our community like no one else can.



KING'S DAUGHTERS
PHYSICIAN CLINICS



KING'S DAUGHTERS
MEDICAL CENTER

Chief of Staff

A Message from Mitch Holland, MD KDMC Chief of Staff

Our hospital and community have endured a lot in the past 12 months. We have learned how to provide healthcare for our community with a pandemic in our midst. We have shared with you in the smiles, tears and long days. We have also celebrated a few victories along the way.

In this edition of *Wellness Views*, you will read about how employees have stepped outside their normal role to bring comfort to families and relief to nurses. You will also read about an infusion affectionately called BAM and how it gave COVID patients milder symptoms during their infection phase.

Community vaccinations is a story in this edition that will spring hope and faith forward. KDMC answered the call to vaccinate the community because it matters to you, our community. Our employees and leadership team have worked relentlessly to make this happen. I can tell you I have never been more proud to be a part of King's Daughters than I am now.

We are excited to introduce Erin Bayles, the new Director at KDMC Wound Care. Also, a new service line, pelvic floor therapy, is being offered at KDMC Therapy with the addition of Margaret White, DPT.



Throughout all of these stories it will become very clear that KDMC is here for you, our community. We urge you, please do not delay your healthcare. Our staff has taken measures to provide a safe environment in our clinics and hospital for you to receive the care you deserve and need.

A handwritten signature in black ink, appearing to read 'Mitch Holland'.

Mitch Holland, MD
Chief of Staff





YOU ARE ESSENTIAL

I GOT
MY COVID-19
VACCINE!



On the job, and at home. Getting a COVID-19 vaccine adds one more layer of protection. Learn more about the COVID-19 vaccine: visit KDMC.org/COVID19Vaccine

To schedule your vaccine appointment call the
KDMC COVID-19 Vaccine Hotline: 601.835.9239



KING'S DAUGHTERS
MEDICAL CENTER

NEW COVID-19 TREATMENT AT KDMC SHARPLY REDUCES SYMPTOMS

An experimental treatment for those with COVID-19, available at King's Daughters Medical Center, has worked exceptionally well in reducing symptoms and keeping patients out of the hospital. Just ask Shawn Miller.



Miller said she “woke up in the middle of the night and felt so bad, my skin even hurt. It felt like I had a horrible case of the flu.” After a positive COVID-19 test, her nurse practitioner submitted an order for her to receive a new drug, a monoclonal antibody called bamlanivimab, or BAM for short.

It’s a laboratory-made antibody that binds to the virus that causes COVID-19. BAM prevents the virus from attaching to cells in the body, stopping it from infecting new cells. That gives the body a chance to fight off the infection.

Better the Next Morning

After receiving BAM, Miller said, “The next morning I felt so much better! None of the flu-like symptoms, but just a mild cough lingered. I felt like ‘I’m over this,’ and every day got better and better. If you qualify for the infusion, I’d tell anyone to have it done!”

The treatment is only for those diagnosed with COVID-19 who have mild to moderate symptoms and are at high risk of hospitalization. See the accompanying article on page 8 for the list of criteria that define someone as high risk.

KDMC provides the treatment only with a physician’s or nurse practitioner’s order. The medication must be administered within 10 days of the first symptom. “You cannot get it if you are requiring hospitalization or oxygen,” said Nick Smith, RN, the Emergency Department Nurse Manager. “The goal is to be able to control the symptoms before you get that bad.”



Nick Smith, RN, Emergency Department Nurse Manager

BAM infusion is a new treatment. The Food and Drug Administration has not completed its full evaluation process but has authorized the drug for emergency use against COVID-19 because it showed promise in clinical trials.

Extremely Good Reviews

“We have had extremely good reviews from the patients who have received it,” Smith said. “Literally the next day they felt better. I have personally not heard one person say that they felt worse from the infusion or that they didn’t notice an improvement.”

In the first three months of the drug’s availability, he said, KDMC treated about 500 patients. “If you look at the mortality rate of COVID and the percentage of people that would have possibly been admitted, we have saved the hospital probably 50 admissions during this time and maybe three or four mortalities given the patients’ comorbidities.”

BAM is administered by infusion, meaning that it’s delivered slowly in an intravenous solution. “The infusion takes one hour,” Smith said, “and we ask you to wait an hour after the infusion in case of any reactions.”

Began in November

KDMC began infusing BAM in November. “We were one of the earlier ones to start giving it,” Smith said, “so we were getting patients from all over.”

Handling the extra flow of infusion patients “was stressful in the beginning,” he said, “but it’s really changed the game having Sarah here to do infusions. She’s great!”

“Sarah” is Sarah Bellow, LPN, who came to KDMC from a hospital in Jackson, Mississippi, in November. At first, she worked as a nurse in the KDMC Behavioral Wellness Center. “But they asked me to help here in the Emergency Department giving infusions, and this is where the most help is needed right now, so I have been here ever since.” She has handled all of the infusions since Christmas Day.





"I am administering nine to 12 a day, depending on when the patients need to get in before the 10-day mark of their symptom onset," she said. "I am here from 8 until 5, or later if I am doing 12 patients a day, and usually six days a week. I need one day a week to regroup."

Improvement Usually within 48 Hours

She agreed that patients have reported excellent results. "I have given the infusion to people who I've known personally and who have texted me 24 hours later saying they feel like a new person," she said. "I have heard of one gentleman who was 94 years old who had to wait 72 hours before he had relief of symptoms. Most people are seeing a huge improvement after 24 to 48 hours. Within a week, they are usually all back to normal."



Sarah Bellow, LPN

Stopping the progression of COVID-19 early, before patients worsen to the point of needing supplemental oxygen, can be crucial. "The biggest problem with COVID patients is that they are sick for so long," Smith said. "When they have to be on oxygen, it is a long journey to recovery. This infusion is definitely helping the duration and progression of the illness."

Who's Eligible?

Patients with mild to moderate cases of COVID-19 can receive a BAM infusion (with a physician or nurse practitioner referral) if they meet at least one of these criteria:

- Body mass index (BMI) of at least 35
- Chronic kidney disease
- Diabetes
- Immunosuppressive disease or current immunosuppressive treatment
- Age 65 or older
- Age 55 or older with cardiovascular disease, hypertension, chronic obstructive pulmonary disease (COPD) or other chronic respiratory disease
- Age 12-17 and weigh at least 88 pounds with a BMI at or above the 85th percentile for their age and gender, sickle cell disease, heart disease, neurodevelopmental disorders (such as cerebral palsy), a medical technology dependence (such as tracheostomy, gastrostomy or positive pressure ventilation), or asthma, reactive airway or other chronic respiratory disease that requires daily medication

 **Learn More**

To learn more about KDMC's emergency care, visit

➤ [KDMC.org/ERCare](https://www.kdmc.org/ERCare)



KDMC Employees Give Up Free Time to Answer Phones on COVID Floor

Thank You

Tammy Means, Information Systems; **Kacie McDavid**, PFS; **Molly Wallace**, PFS; **Christy Wells**, KDMC Specialty Clinic; **Sherry Smith**, KDMC Specialty Clinic; **Millie Abbott**, KDMC Specialty Clinic; **Carey Haley**, KDMC Medical Clinic; **Aaron Sanders**, Dietary; **Shirley Eley**, Dietary; **Jessie Freeman**, Materials Management; **Anna Dickerson**, Door Monitor; **Abigail Peavey**, Door Monitor; **Courtney Crosby**, Coffee Shop

Some 20 King's Daughters Medical Center employees have been volunteering hours of their free time to answer telephones on the hospital's COVID-19 floor. The calls are flooding in from anxious family members checking on hospitalized loved ones.

"We are a really family-oriented group, and everyone really lives up to our mission statement here," said Chief Nursing Officer Cheri Brooks, RN, MSN. That mission statement is this: "always providing quality health and wellness in a Christian environment."

Caring for COVID patients puts major demands on nurses. "They can't just walk in and walk out of a patient's room like they could before the pandemic," Brooks said. "They are having to put on all the PPE (personal protective equipment) before going into a room, and take it all off upon coming out before doing anything else. This takes extra time."

Lingering to Chat

Nurses are also taking extra time to simply chat with COVID

patients. The pandemic has forced KDMC to suspend outside visitation, so patients get lonely – which can hamper their recovery.

Several patient finance department employees regularly stop by the COVID floor after clocking out at 4:30 p.m. and stay till 7 p.m. or later taking calls. "We have had people from all over – the materials management department, the dietary staff, desk staff from our clinics, information systems employees," Brooks said. "Even some students who don't have class until the afternoon are able to help in the mornings. To have someone there to answer calls and to retrieve things such as bedsheets or towels for the nurses has helped so much!"

Outsiders Impressed

Nurses from other workplaces who are working at KDMC temporarily during the crisis have been impressed, said Third Floor Nurse Manager Jaymie Heard, DNP, RN. "Some of them have decided they want to work here full-time because they like our environment and how we are community oriented."

Amid the chaos and tragedy of the pandemic, such selfless acts exemplify what a Christian environment is all about. "It has been the most horrible year," said Heard, "and the most wonderful year."

Vascular Clinic Provides **CRUCIAL SERVICES** to Dialysis Patients

The well-being of many kidney patients in Brookhaven and the surrounding region depends on a small clinic inside King's Daughters Medical Center. During the pandemic, it has carried on as a literal lifeline.

The Vascular Clinic primarily treats chronic hemodialysis patients. Those are people whose kidneys do not function properly and who need help from a dialysis machine – an artificial kidney.

"The kidneys remove toxins from the body," said Ellanie Bessonette, NP, the clinic's nurse practitioner. "People with kidney disease need help filtering out the waste, and that's what these machines do."



Don Netherland, MD
Cardiovascular Surgeon

Patients undergo dialysis three or four days a week for at least three hours at a time. The machine is hooked up through what's called a hemodialysis access. "There, the blood is taken out and filtered of waste and toxins, and then the blood is put back into their body," Bessonette said. "That helps to sustain a reduced but effective filtering function in these patients."

Repeated Access

The Vascular Clinic focuses on the hemodialysis access. It is a place in a patient's body (usually in the arm) where the blood is accessed each time that dialysis is needed. Blood goes out one needle to the dialysis machine and returns to the body through another needle.

"We do this with an arteriovenous, or AV, fistula or a hemodialysis graft," said Bessonette. "We are responsible for the insertion of those grafts and fistulas, postoperative care, and maintenance of the grafts and fistulas."


A fistula is a connection between an artery and a vein that is surgically created. Normally, arteries carry blood from the heart to small blood

vessels called capillaries, which are interwoven throughout bodily tissues. The blood delivers oxygen and nutrients to the tissues and collects carbon dioxide, waste and toxins. The capillaries then connect to increasingly larger veins, which take the blood back toward the heart.

A fistula bypasses the capillaries and connects an artery directly to a vein. It's created so that the vein can dilate under the pressure of the blood coming from the artery. The vein must dilate so that it's large enough to accept a dialysis-size needle.

AV Graft

A graft (also called an arteriovenous graft or AV graft) is similar. It's made by using a medically engineered tube to connect an artery to a vein, again so that it will accept dialysis needles. Both fistulas and grafts can typically be used for several years of dialysis.



At the clinic, Bessonette handles day-to-day healthcare provider duties, with help from nurse Brittany Bozeman, LPN. Cardiovascular surgeon Don Netherland, MD, supervises her. "I've worked with him for six years, so we know what we expect from one another," Bessonette said. "I bring the patient's plan to him, and we discuss what the surgical intervention will be moving forward."

Creating and Maintaining

Dr. Netherland creates the fistulas and grafts and handles most of the surgical maintenance they might require. When Dr. Netherland isn't available, Bill Sones Jr., MD, a radiologist, takes care of minor issues such as excess bleeding, changes in dialysis flow rates or blood clots.

Although he grew up in Brookhaven, Dr. Netherland came to KDMC just two years ago. He spent three years as a Navy flight surgeon and has practiced general and cardiac surgery in McComb, Mississippi. Now, when

not at KDMC, he does cardiac, thoracic and vascular surgery in Houma, Louisiana, southwest of New Orleans.

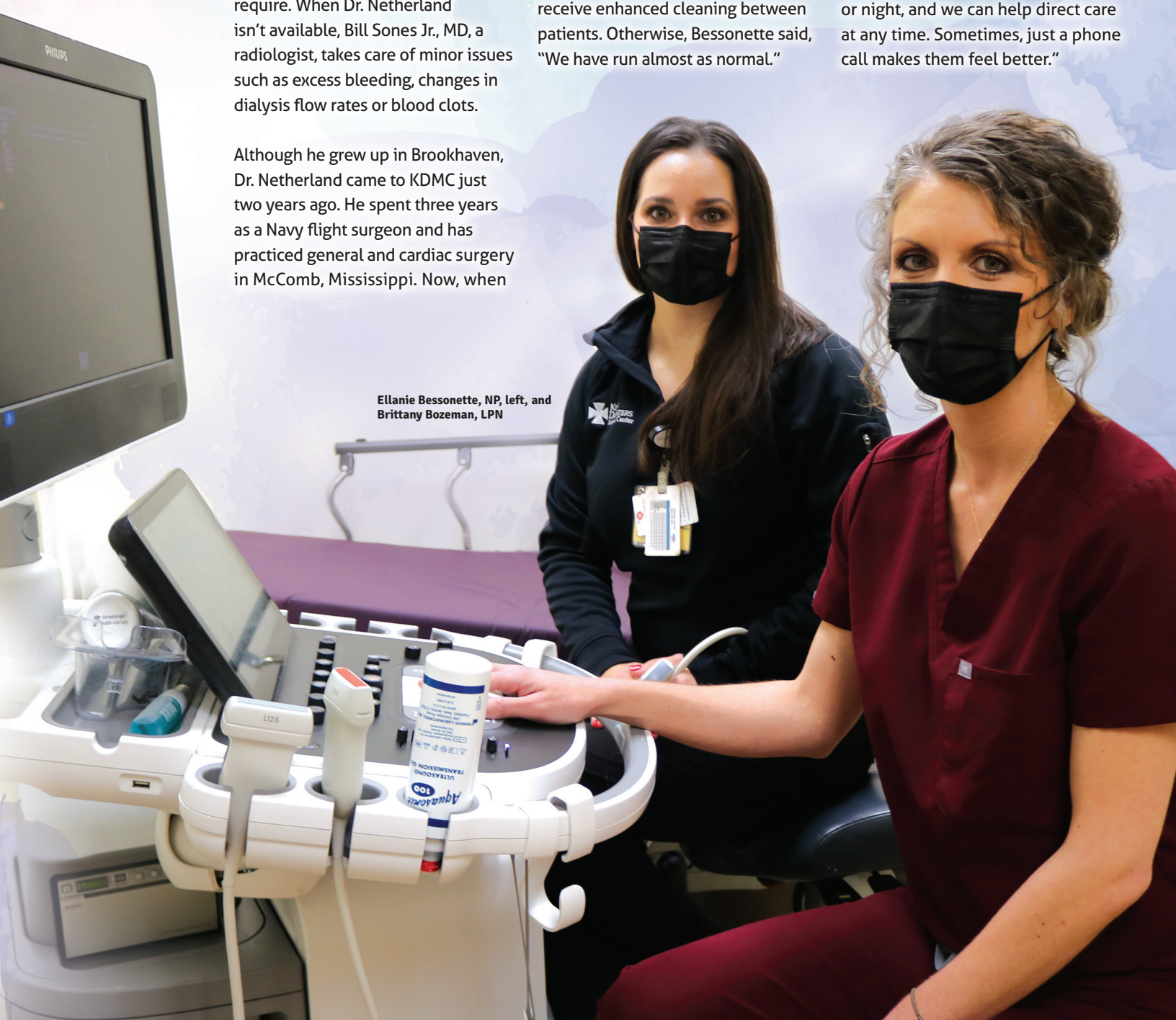
He's glad to be back, at least part-time, in his old hometown. "What I like about KDMC," he said, "is that it's a nice small hospital with a very friendly staff, and we are able to get a lot of patients through and take care of them."

Many things can cause chronic kidney disease, including major illnesses such as COVID-19. The pandemic has caused the clinic to change its scheduling so that dialysis rooms can receive enhanced cleaning between patients. Otherwise, Bessonette said, "We have run almost as normal."

Getting Family Involved in Care

The clinic serves a lot of people, she said. "In South Mississippi, we have an enormous kidney disease population." Dialysis treatment hugely impacts a patient's lifestyle. The staff includes the patient's family in each plan of care to provide support and make sure everyone understands what needs to be done.

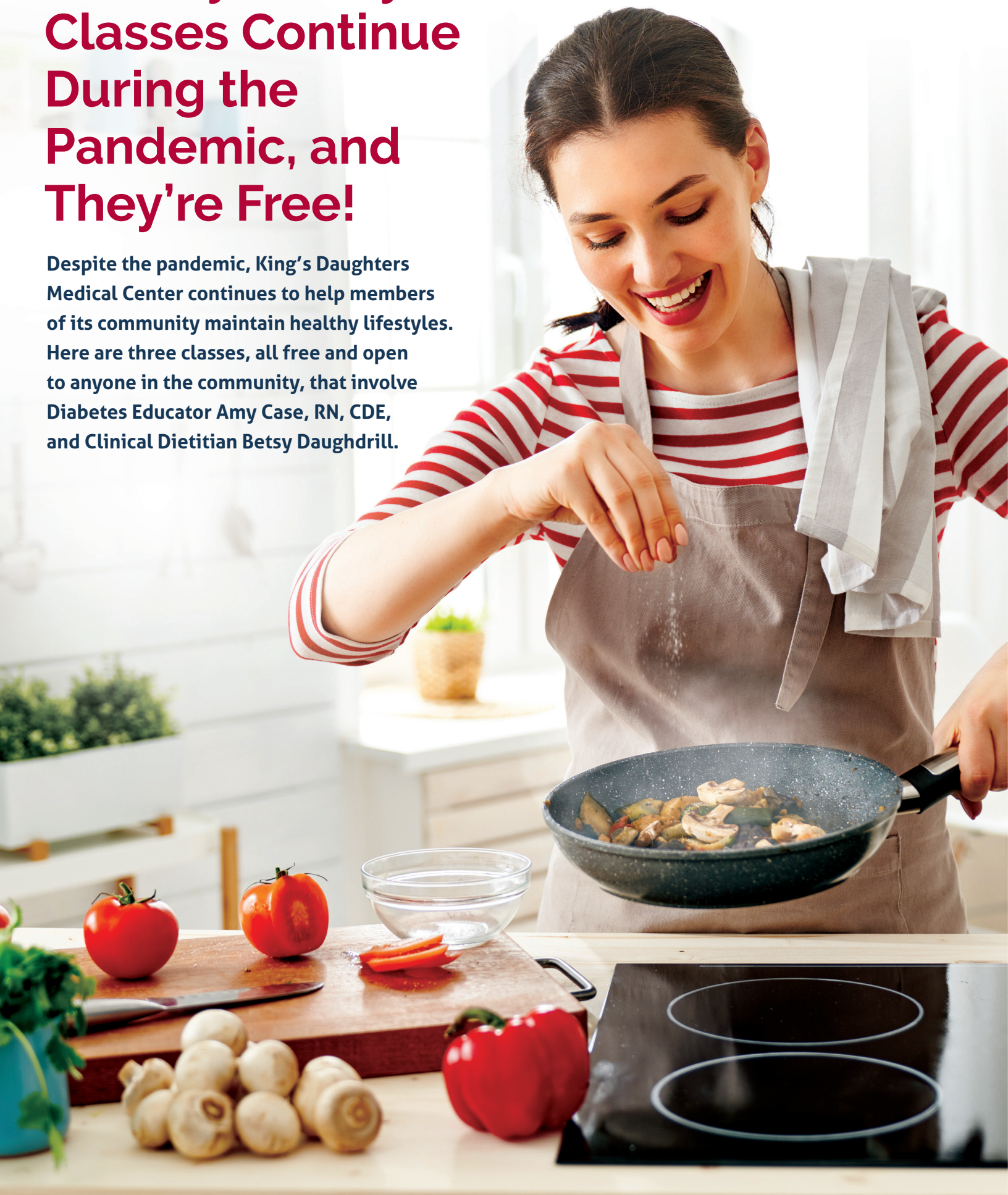
"These patients really rely on us even if we aren't technically in office hours," Bessonette said. "They can have problems any time of the day or night, and we can help direct care at any time. Sometimes, just a phone call makes them feel better."



Ellanie Bessonette, NP, left, and Brittany Bozeman, LPN

Healthy Lifestyle Classes Continue During the Pandemic, and They're Free!

Despite the pandemic, King's Daughters Medical Center continues to help members of its community maintain healthy lifestyles. Here are three classes, all free and open to anyone in the community, that involve Diabetes Educator Amy Case, RN, CDE, and Clinical Dietitian Betsy Daughdrill.



Diabetic Education Class

The class meets every Tuesday at 1:30 p.m., with everyone masked and socially distanced. "Most of the class wanted to keep coming," Case said. "It is usually under 10 people, so we are able to spread out."

The topic changes weekly, so you can start showing up anytime. A dietitian teaches the class, answers questions, helps plan grocery lists and healthy recipes, and checks health statistics.

Pre-Diabetic Education Class

Thanks to a grant, this class is not only free but also includes a year's free gym membership. A new group has been forming every month. Some classes meet in person, and some decide to operate online via Zoom. Each class meets for a year.

To attend, you have to be at risk of type 2 diabetes or have been told by a doctor that you have elevated blood sugar or a pre-diabetes condition. You can take a risk test through your doctor, over the phone or at doihaveprediabetes.org.

"It really is an easy class, because it's just lifestyle changes," Case said. "It involves making better choices and having accountability with others in their class. We give them tools to help make those changes."

The two main goals are to lose 5 to 7 percent of your body weight and to exercise 150 minutes a week, she said. "That reduces the risk of your developing diabetes by 56 percent. If you're over the age of 65, it reduces the risk by 76 percent!"

Weight Loss Class

After a diabetes or pre-diabetes class ends, some people want to continue losing weight. KDMC moves them into a weekly weight loss support group. Members receive general tips, exercise suggestions and recipes. They weigh in every week.

"You don't have to weigh in front of people," Case said, "but you do have to say whether you've gained or lost, and how many pounds. So it holds you accountable."



Amy Case, RN, CDE, left, and Betsy Daughdrill, Clinical Dietitian

Diabetes Education Class



A clinical dietitian will help with the following:

- Teaching you how to read nutritional labels on food
- Developing and maintaining a healthy diet
- Providing personalized fitness plans and goals
- Monitoring and teaching you how to properly monitor your levels
- Tracking your weight and measurements
- Offering group accountability and support

Learn More

For more information on Diabetic Education Classes, please contact Amy Case at

📞 **601.835.9118**

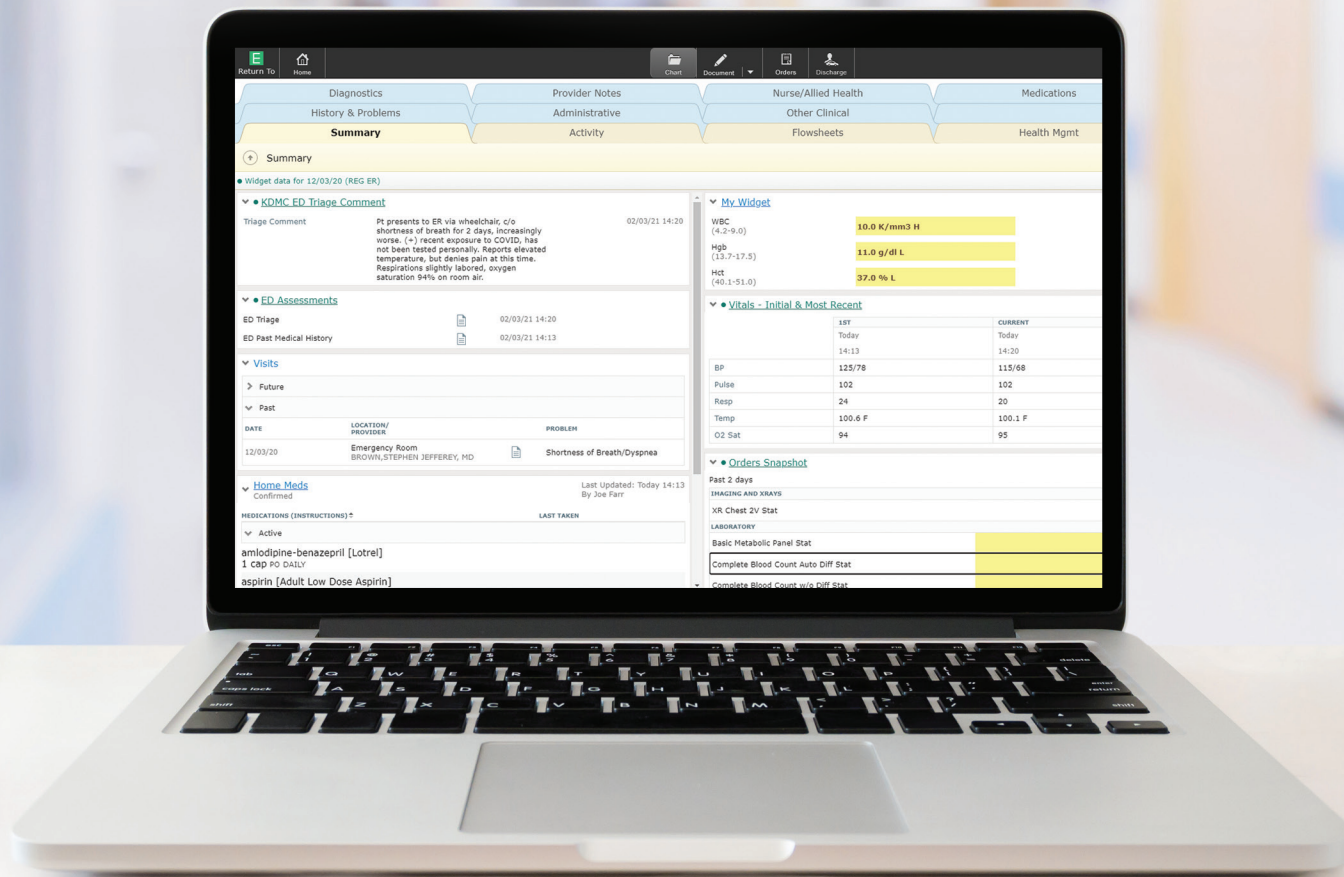
or visit

👉 KDMC.org/Events

NEW ELECTRONIC PLATFORM

Gives Nurses Easy Access to Patient Information

Meditech, the giant Massachusetts-based medical software and services company, needed a hospital partner as a first user for its new Expanse Patient Care electronic health records platform. Meditech chose to partner with King's Daughters Medical Center.



The new system gives nurses, therapists, dietitians and other clinicians a web-based platform that pulls together all of a patient's information, updated in real time and accessible anywhere on a mobile device.

"This brought the nurses to a system that is essentially the same as the physicians'," said Joe Farr, BSN, RN, the Clinical Applications Coordinator for KDMC. "So they are all looking at the same thing, and everyone has access to important patient information. It's easy to use and was pretty easy for everyone

to learn. Everyone seems to love it."

'At Our Fingertips'

Emergency Department nurse Eric Rowland, RN, certainly does. "Everything is at our fingertips in a more user-friendly layout," he said. "It is amazing having easy access to everything we need to know about our patient basically on one screen rather than clicking through several tabs and pages to find what we need."

KDMC took Expanse Patient Care live on

December 8 – right on schedule despite a very challenging year. "One of the nurses made a point of saying, 'This is the exact tool we needed in the midst of this pandemic, because it makes things easier on us,'" Farr said. "That made me feel good."

KDMC has used software from Meditech, one of the three biggest electronic health records companies, since 1996. In 2018, Meditech chose KDMC as an early adopter of the Expanse Point of Care technology. It freed care providers from clunky, immobile terminals. Instead,

nurses and therapists could use a pocket-sized smartphone or other portable device anywhere.

"Expanse Point of Care was our first step in bringing nurses and therapists onto a mobile platform. It allowed caregivers to document medication administration and care notes on handheld devices as well as review basic medical information, on the go," Farr said. "We partnered with Meditech in the development of Point of Care, and built a relationship while doing so."

The Next Step

Meditech then developed Expanse Patient Care to bring the full electronic medical record to the web platform and further streamline workflows by taking advantage of the latest technology. Orders can be entered more easily and are processed more rapidly. Nurses can see results of laboratory tests and imaging scans more easily than before. Trends that reveal significant changes in vital signs and other indicators are easily seen. At the time of launch, KDMC was the only hospital in North America using the system.

"Through all the hurdles with the pandemic, we are proud to have been able to push out this new platform because it benefits the community and the patient," Farr said. "I want to highlight our hospital leadership for not backing down during the pandemic and staying positive about this new advancement."

KDMC started working with Meditech on

Expanse Patient Care at the beginning of 2020. Fortunately, Farr said, "because the software is so user-friendly, it went very smoothly. We got very positive user feedback. The new system made it much easier to navigate and easily find patient information that we are looking for."

Wanted a Voice

The medical center wanted to be an early adopter, he said, "because we would have a voice in its development. We are able to represent our nurses on a national level by customizing things and tailoring the system to our needs."

For example, KDMC preoperative nurses wanted more immediate access to patients' COVID-19 test results. "So we were able to get their COVID results displayed on the main list of patients' names, right by their name and other important information, as soon as the results were available," Farr said. "Most of the ideas that went into this system are from front-line nurses. Their work and feedback is influencing software development that will impact many

organizations and patients, not just us here at KDMC."

Robust Security

The system combines easy access with robust security. Caregivers log in with a swipe of their name badges. A computer chip in each badge allows access only to the specific parts of the system or areas of the hospital that the user needs. Even if a device gets stolen, patient information is safe because Expanse doesn't store the data on the device.

KDMC will continue to partner with Meditech on helping to advance healthcare. "Our leaders are supportive, and our hospital has proven that we are reliable partners," Farr said. "So we have a relationship that we just continue to build on."

And KDMC will continue to stay at the forefront of medical technology, he said, for one simple reason: "It benefits healthcare in our community."



Joe Farr, BSN, RN
KDMC Clinical Applications Coordinator



Jeni Bizot, PT, left, and
Sarah Allison Holland
Day, RN

COVID-19 VACCINES PROVIDE **HOPE** FOR COMMUNITY MEMBERS

COVID-19 Vaccination Record Card

Please keep this record card, which includes medical information about the vaccines you have received.

Por favor, guarde esta tarjeta de registro, que incluye información médica sobre las vacunas que ha recibido.

Doe John MI
Last Name First Name MI

10-28-83
Date of birth Patient number (medical record or IIS record number)

Vaccine	Product Name/Manufacturer Lot Number	Date	Healthcare Professional or Clinic Site
1 st Dose COVID-19		mm / dd / yy	
2 nd Dose COVID-19		mm / dd / yy	
Other		mm / dd / yy	
Other		mm / dd / yy	

The community has greeted COVID-19 inoculations with enthusiasm. "Everyone seems very excited to get the vaccine," said Terri Mabile, who oversees employee health and infection control and prevention at KDMC.

"A lot of people we have seen haven't left their house in eight months. They say, 'I've never been so excited to get a shot in my life.'"

They've also been urging others to follow their example, said Melissa Leggett, KDMC's Corporate Health Consultant: "They are definitely looking out for one another. They are coming in with their neighbors and friends, encouraging everyone they know to get it too."

"We forget that there is an age group that has been scared to leave their house and haven't seen grandchildren or children. I hope they are able to start living their lives to the fullest again."

The first vaccines require two doses. The first injection helps the immune system recognize the virus, and the second strengthens the immune response. Both are needed for maximum protection.

KDMC has been using both of the initial vaccines – from Moderna and from Pfizer-BioNTech – that were authorized for emergency use in the U.S. late in 2020. Setting up and operating a vaccination center required a lot of work from KDMC caregivers and staff already stressed from battling the pandemic.

We Need to Help

However, said KDMC Chief Human Resources and Regulatory Officer Celine Craig, "We decided this is what we need to do to help our community. We didn't know of anyone else at the time doing it for our community, so we knew we had to do something."

Some KDMC patients sought the vaccine because of other medical procedures. For example, Stella O'Neil learned late last

year that she had lung cancer. "My primary care doctor wanted me to have the COVID vaccine since I needed to have lung surgery," she said.

'Just a Sore Arm'

The vaccines were just becoming available and were in short supply. O'Neil continued to be persistent and finally got scheduled for her injections at King's Daughters Medical Center. "I had no bad reaction after getting the shot," O'Neil said, "just a sore arm."



Stella O'Neil





In deciding to offer vaccines to the community, KDMC realized that it would create risks of infection from streams of people coming into the hospital. "How would we prevent exposure to our staff and other patients?" Craig said. "We had to think about the process and how to make it safe."

The system now in place builds in social distancing, mask wearing and other protective protocols. "We do about 100 shots every hour," Craig said. "It's very efficient. People have to get out of their cars, come inside, go through a short line and do paperwork." For patients unable to easily leave their cars, KDMC assists them with getting their vaccine.

Just 30 Minutes

"Typically, it takes 30 minutes or less to get in and out – 15 minutes to get in and get the vaccine, and then a wait of 15 minutes afterward to check for any possible reaction," Craig said.

KDMC employees and staff have received vaccines. "KDMC staff are now starting to see their parents vaccinated too," Mabile said. "That is allowing employees to be able to spend more time with



their parents. Many employees had been scared of exposing their parents to the virus before that. Also, it is a step closer to slowing the spread in the community as a whole.”

With the medical staff and other caregivers working long and hard on the front lines of the pandemic fight, KDMC has recruited extra help to provide the vaccinations. “It is taking about 30 to 40 people to run everything, and a lot of those people are volunteers,” Craig said. “We have had high schoolers and others volunteer their time after school or on Saturdays.”

Cleaning and Reassurance

The volunteers help with cleaning and disinfecting procedures, such as wiping down each clipboard that a patient uses. They also guide patients through the process, help patients who use wheelchairs, answer questions, assist with filling out forms and sometimes just talk to patients to relax and reassure them.

“If someone volunteers one time, they end up wanting to volunteer more because it is rewarding,” said Karen Freeman, KDMC’s Director of Pharmacy.

Hope that the vaccines will turn the tide against the virus is lifting everyone’s spirits. “After the vaccines started rolling in and people began getting vaccinated, our work feels more promising,” Freeman said. “You see several people a week that you know around town, and they are thankful for you telling them to come get their vaccination.”

Do I Need to Wear a Mask If I Have Been Vaccinated?

Yes. To protect yourself and others, follow these recommendations:

- Wear a mask over your nose and mouth.
- Stay at least six feet away from others.
- Avoid crowds.
- Avoid poorly ventilated spaces.
- Wash your hands often.

It’s important for everyone to continue using all the tools available to help stop this pandemic as we learn more about how COVID-19 vaccines work in real-world conditions. Experts are also looking at how many people get vaccinated and how the virus is spreading in communities. We also don’t yet know whether getting a COVID-19 vaccine will prevent you from spreading the virus that causes COVID-19 to other people, even if you don’t get sick yourself. Health authorities will offer updates as we learn more.

Together, getting a COVID-19 vaccination and following medical recommendations for how to protect yourself and others will offer the best protection from getting and spreading COVID-19.

Learn More

For information about KDMC COVID-19 vaccinations, call

 **601.835.9239**

or visit

 **KDMC.org**

ANDREW SPILLER SAYS GETTING VACCINATED IS *'for Everyone'*

Andrew Spiller has been talking to everyone he knows, and he'd like to share the same message with you: Please get vaccinated for COVID-19. "It's not just for you. It's for everyone else in the world."

Spiller received the vaccine at King's Daughters Medical Center. "No long lines," he said. "I wasn't rushed. People were courteous. They treated me special. When I got home, I told my wife, 'You know what? It's a blessing that Brookhaven has people like that to care for us, and we don't have to travel anywhere to get good care.'"

Besides protecting the individual, he pointed out, vaccinations safeguard the public. "It was important for me to get the vaccine and not possibly spread the disease," he said. "It goes two ways. It's beneficial for me, and for my family and community."

Seven of Spiller's brothers and sisters worked at KDMC, and his mother worked there for 30 years. "I have a love for King's Daughters," he said. "She was able to give us an education by working for King's Daughters." His wife also worked at KDMC for her first job.

"We in Brookhaven are so blessed to hold onto an institution like this that many communities have lost," he said. "After I had the vaccine, I told everyone I knew to go and get the vaccine there and told them about my positive experience. They all had the same experience I had."

"The staff here is doing a tremendous job for our community."





PROVIDING EXPERT CARE

PELVIC HEALTH PHYSICAL THERAPY

King's Daughters Therapy Center has now begun offering pelvic health physical therapy. We focus on providing high-quality, skilled and compassionate care for men, women and children with pelvic floor dysfunction. Symptoms can include pelvic and abdominal pain, urinary and bowel issues, sexual and reproductive dysfunction, and back, hip, sacroiliac joint and tailbone pain. Speak with us about your symptoms or diagnosis, and we'll help create a custom recovery plan for you. **KDMC, caring for our community like no one else can.**



KING'S DAUGHTERS
THERAPY CENTER

WOUND CARE CENTER'S PROGRAM DIRECTOR LOVES THE COMMUNITY CONNECTION

Helping people who suffer from chronic or non-healing wounds has turned out to be very fulfilling for Erin Bayles, RN, the new Program Director for King's Daughters Wound Care Center®. In fact, she said, "I am loving it!"

Bayles took the position on November 30. She has really enjoyed going out into the community to market the center's services. "It's very rewarding and so much fun for me," she said.

Most of us heal from cuts or sores in a few days. However, for about 6.7 million people (2 percent of the U.S. population), a wound may heal with excruciating slowness, or not at all.

That's where King's Daughters Wound Care Center, managed by Healogics, Inc., can help.

"We see a lot of diabetic ulcers here," Bayles said. "We have some venous arterial leg ulcers, some surgical wounds that don't heal and bone infections that we treat with our hyperbaric oxygen therapy. Patients also come to us with trauma, abscesses, severe burns or pressure ulcers."

“ To have desperate patients come in and then see their progression week by week is very rewarding. **”**

— Erin Bayles, RN



Steve Mills, MD, is the center's Medical Director. Bayles, who has worked as a nurse at KDMC for 15 years, came to the Wound Care Center three years ago. She was a Case Manager and then the Clinical Nurse Manager. She moved to the KDMC COVID-19 floor during the height of the pandemic, then returned to the Wound Care Center as Program Director.

She helps with clinic care when needed, she said. "To have desperate patients come in and

then see their progression week by week is very rewarding."

The relationship between patients and caregivers is special, Bayles said. "We are a small community here in Brookhaven, and King's Daughters is such a great place to work," she explained. "You see your patients out in the community all the time! We see our patients for quite a while sometimes, until they finally heal, and we really get to know our patients here."



Erin Bayles, RN
Program Director

Did You Know?

It is estimated that 6.7 million people currently live with chronic wounds, and that number is expected to grow at more than 2 percent for the next decade. The rising incidence is fueled by an aging population and increasing rates of diseases and conditions such as diabetes, obesity and the late effects of radiation therapy. Untreated chronic wounds can lead to diminished quality of life and possibly amputation of an affected limb.

Advanced wound care aims to prevent amputations and heal patients in a faster and more cost-effective way.

What Is Hyperbaric Oxygen Therapy?

A therapy that exposes the body to 100 percent oxygen at a pressure up to three times greater than normal. You are placed in a hyperbaric oxygen chamber, a seven-foot clear plastic tube, for anywhere from 30 minutes to two hours. Your blood carries the extra oxygen through your body and stimulates stem cells and growth factors, which promote healing.

You can talk to, and see, the therapist while you are in the chamber, as well as watch TV or listen to music.

Learn More

Most wound care patients are referred by a primary care physician. To learn more, call

 **601.835.9444**

or visit

 [KDMC.org/Woundcare](https://www.kdmc.org/Woundcare)

KDMC ADDS PHYSICAL THERAPY FOR PELVIC FLOOR PROBLEMS

Problems with the pelvic floor – the muscles and connective tissue in the pelvic area – can significantly affect everyday life. The KDMC Therapy Center now offers pelvic floor physical therapy to help.

"The pelvic floor supports the bowels, the bladder and other organs. Incontinence (or the opposite, difficulty in urination), chronic low back pain and painful intercourse are just a few of the issues that may be related to pelvic muscle weakness," said Margaret White, DPT. Pelvic floor problems can affect both women and men.

"The biggest challenge is that people don't understand that pelvic physical therapy exists or that it is an option," said Tim Slay, PT, director of the KDMC Therapy Center. "This is a service that hadn't really been available in South West Mississippi. We wanted to make sure we could offer it in Brookhaven so people don't have to travel so far."

Pelvic floor patients come to the Therapy Center on referral from a physician, usually an obstetrician-gynecologist or urologist. White, who has trained in pelvic floor therapy, works closely with the referring physicians on developing and carrying out the patient's plan of care.

"Some people will see instant changes within a week or two, especially if the therapy is something that can be coupled with behavioral change," Slay said. "If the only issue is true muscle weakness, it may take four to six weeks."

In the case of pelvic organ prolapse (descending or drooping of the organs), physical therapy can in some cases reduce the need for surgery. It can also speed healing after surgery.

"The therapist will help you learn how to strengthen the muscles and to confirm that you are correctly strengthening the muscles," Slay said. It's important, he said, that the therapist be trained in pelvic floor therapy. "It is a specialty, and not all therapists have had the training."

Common Issues

Pelvic floor therapy can help with these common issues:

- Urinary or fecal leakage
- Pain with urination
- Too-frequent urination
- Hesitancy in urinating
- Effects of abdominal surgery or pelvic area trauma
- Painful intercourse
- Effects of giving birth



Margaret White, DPT



Learn More

To learn more about KDMC's physical therapy and rehabilitation services, call

 **601.823.5255**

or visit

 **[KDMC.org/PhysicalTherapy](https://www.kdmcofmiss.org/PhysicalTherapy)**

KDMC Employee Giving

A Story of Commitment

A Message from Jeff Richardson KDMC Foundation Director

A sign of a great organization is a high level of commitment from its employees. It is evident in everything they do to perform their job each day. At KDMC, it starts with a smile when greeting a patient who is facing something that can make anyone nervous. It culminates in releasing that same patient from our care having enhanced their quality of life through exceptional healthcare. Those are the things that are visible, so regularly, to those who call on any of KDMC's services. What is not always obvious to the public is the love that our employees have for our organization.

Several years back, the KDMC Foundation embarked upon a campaign to have the employees of our organization give back to the very entity that wrote them a paycheck. Seriously? That doesn't make sense. You go to work for someone to get paid and feed your family. Why on earth would you give some of that money back? Well, that reflects the commitment level, love and total belief in what we are doing as an organization.

In the last two years alone, KDMC employees have given back \$100,000 to the KDMC Foundation to help fund the much-needed projects of our organization. Every paycheck, over 40 percent of the employees give anywhere from \$4 to \$40. We call it simply the "KDMC Employee Giving Program." Yeah, everyone who gives gets a cool T-shirt every year. But that's not why they do it. They know how important the things are that this money funds.

- Scripture verses in the hospital
- A new security system for our labor, delivery, recovery and postpartum (LDRP) suites
- Helping to pay for the new nurse call system



- Creation of the endoscopy suites
- A new bench for Wound Care Center
- A Caring Cradle for the LDRP

The list goes on and on. When I go out and raise money for our organization, and I tell folks that four out of 10 of our employees give back, I get stunned stares. It's a strong statement.

We hope the fact that we have such a passionate employee base will motivate our community to give or give more. Our community has been so faithful, but we can always use more. More donations to KDMC mean better healthcare, every minute of every day.

To donate, go to KDMC.org/Give; or go to KDMC.org/Foundation for more information.

A handwritten signature in black ink that reads "Jeff Richardson".

Jeff Richardson
KDMC Foundation Director





Supporting OUR hospital

THANK YOU TO OUR EMPLOYEES WHO GIVE BACK. YOUR DONATIONS MAKE KDMC A BETTER PLACE.

Millie Abbott	Omayra Borrero	Tammy Castilaw	Hannah Dickerson	Marie Goods
Michelle Ables	Jennifer Boutwell	Denise Cater	Keasha Dickerson	Kaci Graves
Victoria Adams	Alyce Boyd	Jamie Catt	Shannon Dickerson	Jenni Griffin
Stephanie Ainsworth	Kaylen Boyte	Kammy Cody	Jocelynn Duguid	Edward Gutter
Ophelia Allen	Malori Bradley	Emma Coleman	Debra Dunaway	Lynn Halford
Randy Allen	Tucker Brady	Jordan Coleman	Bridget Dunn	Kamrie Hanson
Rebecca Allen	Lori Bridges	Lesley Collier	Geoff Eade	Jordan Harp
Matthew Anders	Bailey Britt	Teresa Combs	Jamila Eaglin	Melanie Harrell
Alyssa Anding	Brady Britt	Crystal Conn	Shirley Eley	Veronica Hawley
Libbie Assink	Jami Britt	Jennifer Cook	Teri Ellison	Jaymie Heard
Sarah Beth Ballow	Lauren Britt	Marie Cooper	Monica Eubanks	Tina-Reed Hearn
Shelby Bandy	Lydia Britt	Celine Craig	Ashley Evans	Carol Henderson
Shirley Banks	Cheri Brooks	Kathy Crane	Brandon Fairman	Dana Herrera
Barrianna Barney	Dennis Brooks	Courtney Crosby	Becky Falvey	Debra Herring
Landry Barrilleaux	Claudette Brown	Taylor Crosby	Joe Farr	Dana Hester
Lee Barry	Kathleen Brown	David Culpepper	Jo Fauver	George Hickson
Toni Benton	Tracy Brown	Consuela Culver	Katherine Flynn	Rheagan Holden
Taylor Berry	Tamatha Byrd	Jermaine Culver	Bubba Freeman	Sandy Holifield
Ellanie Bessonette	Bridget Cade	Timothy Cunningham	Karen Freeman	Dr. Mitch Holland
Wanda Biokua	Daniel Calcote	Hannah Cupit	Trey Freeny	Margaret Honea
Melanie Bishop	Tammy Calcote	Betsy Daughdrill	Tammy Fuller	Tom Hood
Jeni Bizot	Scott Carpenter	Cathy Davis	Susan Gabbert	Alvin Hoover
Tiffany Blackwell	William Carter	Roysheda Davis	Kristy Gates	Deanna Howington
Rennia Blakeney	Amy Case	Sherry Dawson	Karey Gayten	Tanya Huff
Joclyn Bolton	Candi Case	Brenda Day	Karla Gerald	Sharon Hughes
Stacy Borgstede	Sharon Case	Sarah-Allison Day	Lisa Givens	Keyonna Isaac
				Glenda Jackson
				Lelia Jackson

Tracy Jackson	Pat McKellar	Brittney Poisson	Amy Smith	Jan Thurman
Jessica Jenkins	Danielle McNulty	David Poole	Carl Smith	Kayla Thurman
Steven Jenkins	Tammy Means	SuAnn Poole	Carolynn Smith	Laura Thurman
Megan Kellum	Tanya Merrell	Debbie Powell	Emily Smith	Lisa Tucker
Ronnie Killingsworth	Thea Middleton	Dana Pyeatt	Hannah Smith	John Turnage
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Lisa McDaniel	Grace Piper	Katie Slaton	Tina Thomas	Jennifer Woods
Jennifer McDonald	Antonio Pittman	Tim Slay	Tyler Thompson	Natalie Ybarra
Annie McGuffie	Tiffany Pittman	Rhonda Slocumb		



Chicken Shawarma

**King's Daughters Medical Center Dietary Manager
Natalie Ybarra shares healthy tips and recipes.**

Chicken shawarma is a garlicky Middle Eastern dish. While it's often served in a pita, it's equally delicious served on a bed of romaine and topped with cucumbers, tomatoes and feta. This easy-to-make dish will become a favorite go-to on those extra-busy nights.

Ingredients

- 2 teaspoons olive oil
- 1 small onion (chopped)
- 1 pound boneless, skinless chicken breasts, all visible fat discarded, cut into 1/2-by-2-inch strips
- 1/2 cup fat-free, low-sodium chicken broth
- 4 medium garlic cloves (minced)
- 1 teaspoon ground cumin
- 1 teaspoon paprika
- 1/2 teaspoon ground turmeric
- 1/2 teaspoon black pepper (coarsely ground preferred)
- 1/4 teaspoon salt
- 1/2 medium unpeeled cucumber, sliced
- 1 medium tomato, sliced
- 2 cups torn romaine lettuce
- 2 tablespoons minced fresh Italian (flat-leaf) parsley
- 2 tablespoons crumbled, low-fat feta cheese
- 1 cup olives

Directions

1. Heat the oil in a pressure cooker on sauté. Cook the onion for 3 minutes, or until soft, stirring frequently. Add the chicken. Cook the chicken for 4 to 6 minutes, or until lightly browned, stirring frequently. Turn off the pressure cooker.
2. Stir in the broth, garlic, cumin, paprika, turmeric, pepper and salt. Secure the lid. Cook on high pressure for 4 minutes. Quickly release the pressure.
3. Arrange in layers on a platter: first the sliced cucumber then the sliced tomato and finally the romaine. Using a slotted spoon, place the chicken on the romaine. Top with the chopped cucumber and chopped tomato. Sprinkle with the parsley and feta.

Recipe © 2018 American Heart Association. This recipe is brought to you by the American Heart Association's Simple Cooking with Heart[®] Program. For more simple, quick and affordable recipes, visit heart.org/simplecooking.

4 Servings



27 g

Protein
per serving



202

Calories
per serving



1.5 g

Sat. Fat
per serving



Learn More

To learn more about the health and wellness services offered at KDMC, visit the following:

Weight-Loss Class

➤ KDMC.org/TOPS

Fitness Center

➤ KDMC.org/FitnessCenter

Athletic Performance Center

➤ KDMC.org/PSP

How to Get Your Family Active

As you juggle work and family, be mindful that research shows active parents raise active children. Fitness should always be a priority in a family's daily schedule.

The American Heart Association recommends that healthy children stay active throughout the day. Kids ages 6 and older should get at least an hour of moderate to vigorous activity every day. This will help them maintain a healthy weight and keep their hearts, brains and bodies healthy.

While an hour each day might sound like a large chunk of time, there are many ways to incorporate activity into your family's routine. It all adds up.

Here are some ideas:

- **Enjoy the great outdoors!**
Schedule a time each day for an outdoor activity with your children. Hike a local nature trail or ride a bicycle path.
- **Schedule family playtime.**
Take a walk or play a family game of tag after dinner each night. Choose activities that require movement, such as bowling, catch or miniature golf.
- **Choose toys wisely.**
Give children toys that encourage physical activity, such as balls, kites, skateboards and jump ropes.
- **Limit screen time.**
Experts warn that one to two hours of screen time a day should be the limit for children, but some are logging more than double that amount. Set boundaries, keep the television and electronic media out of your child's bedroom, and limit computer usage to school projects.
- **Plant a garden.**
Caring for plants gives your children a reason to get outside each day. Learning how to grow a garden teaches the food system, while sampling the harvest encourages healthy eating habits.

- **Chip in with chores.**
Rake leaves and do other home-maintenance projects as a family. In the end, your home will be better off and so will your family's health.

Learn More

To learn more about the health and wellness services offered at KDMC, visit the following:

Weight-Loss Class

➤ [KDMC.org/TOPS](https://www.kdmcc.org/TOPS)

Fitness Center

➤ [KDMC.org/FitnessCenter](https://www.kdmcc.org/FitnessCenter)

Athletic Performance Center

➤ [KDMC.org/PSP](https://www.kdmcc.org/PSP)

COMING UP

Diabetes Education Classes

When: Tuesdays, call for class availability
Venue: King's Daughters Medical Center, Education Annex
Address: 427 Highway 51 N
Brookhaven, MS 39601
To register: Call 601.835.9118



Education Classes Available

King's Daughters Medical Center healthcare professionals will come to your community group, workplace, civic organization or school to present a variety of wellness topics. For groups with six to 10 participants, they also will be glad to visit your business, church or organization for CPR classes and American Heart Association CPR and first-aid classes.

Classes that are available per request with a minimum attendance needed:

- CPR
- FIRST AID
- AARP SAFE DRIVER CLASS
- HEALTH FAIRS
- FLU SHOTS

To register: Call Tyson Kirkland, LPN
601.835.9406

TOPS Club Inc. (Take Off Pounds Sensibly)

TOPS promotes successful, affordable weight management with "a hands-on pounds-off approach to weight loss®."

When: Tuesdays, call for class availability
Venue: King's Daughters Medical Center, Education Annex
Address: 427 Highway 51 N
Brookhaven, MS 39601
To register: Call Amy Case, RN, 601.835.9118



Mommy University

Mommy University is designed to help guide moms-to-be and their partners through the birthing process step by step with a one-on-one education class and tour of the labor and delivery unit.

When: At your convenience
Venue: King's Daughters Medical Center, Labor and Delivery Unit
Address: 427 Highway 51 N
Brookhaven, MS 39601
To register: Call 601.835.9174 and tell a labor and delivery nurse you are scheduling your Mommy University appointment.



Breastfeeding Support Group

Join other breastfeeding or pumping mothers and share breastfeeding experiences of how to get started or how to maintain breastfeeding.

When: First and third Tuesday every month, 11:30 a.m. and 1 p.m.
Venue: King's Daughters Medical Center, Education Annex
Address: 427 Highway 51 N
Brookhaven, MS 39601
To register: Call 601.835.9167
Second and fourth Tuesday group meets at Lincoln County Library.

Smoking-Cessation Classes

American Cancer Society Freshstart Smoking Cessation Classes start every four weeks. This is a educational support group with class attendance.

When: First Tuesday of every month, 5 p.m.
Venue: King's Daughters Medical Center, Community Services Building
Address: 418 Highway 51 N
Brookhaven, MS 39601
To register: Call 601.835.9118



KING'S DAUGHTERS MEDICAL CENTER

DISCRIMINATION IS AGAINST THE LAW

King's Daughters Medical Center and KDMC Physician Clinics, LLC complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. King's Daughters Medical Center and Physician Clinics, LLC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

King's Daughters Medical Center and KDMC Physician Clinics, LLC provides free aids and services to people with disabilities to communicate effectively with us and access our services, such as:

- Written and spoken information in other formats (large print, audio, accessible electronic formats, interpreters, etc.)
- Handicap parking, curb cuts and ramps, elevators, etc.

King's Daughters Medical Center and KDMC Physician Clinics, LLC provides free language services to people whose primary language is not English, such as information written in other languages.

- Name: Clyde Sbravati
- Mailing Address: 427 Highway 51 North Brookhaven, MS 39601
- Telephone number: 601-833-6011
- Fax: 601-835-9119
- Email: csbravati@kdmc.org

If you believe that King's Daughters Medical Center or KDMC Physician Clinics, LLC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with King's Daughters Medical Center's Compliance Officer. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, King's Daughters Medical Center's Compliance Officer is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-523-1786.	ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-523-1786.	CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-523-1786.	注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-523-1786。
ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-523-1786.	ملحوظة: إذا كنت تتحدث اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-523-1786.	ध्यान दें यदि आप बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-523-1786 पर कॉल करें।	ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-523-1786.
ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-523-1786.	주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-523-1786 번으로 전화해 주십시오.	સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-800-523-1786.	注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-523-1786まで、お電話にてご連絡ください。
PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-523-1786.	ANOMPA PA PISAH: [Chahta] makilla ish anompoli hokma, kvna hosh Nahollo Anompa ya pipilla hosh chi tosholahinla. Atoko, hattak yvmmā im anompoli chi bvnnakmvt, holhtina pa payah: 1-800-523-1786.	ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-523-1786.	ਧਿਆਨ ਦਫਿ: ਜੇ ਤੁਸੀ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵੱਚਿ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-800-523-1786 'ਤੇ ਕਾਲ ਕਰੋ।

6/11/2020

BROOKHAVEN COMMUNITY'S COVID-19 VACCINATION EXPERIENCE AT KDMC



You all were so efficient with the administering of the COVID vaccine on Saturday. You all were prepared and Alton and I appreciate you all so much. Looking forward to the 2nd one on Feb. 6 or shortly after.

— *Alton and Jean*

Alvin, I want to commend KDMC and staff for doing such an efficient job giving the COVID vaccine to us "old folks"! I was greeted at the door upon arrival and then on to the first station, temperature checked and I was asked if I needed a wheelchair (which I declined but was pleased it was offered) and on to the next station. There was never a wait-time, the hallways were clearly marked and every single hospital employee was friendly and so knowledgeable about the entire process.

A huge "thank you" to our doctors, nurses, all medical personnel, all hospital employees, just everyone involved in keeping KDMC up and running and caring for the sick! What a challenge COVID-19 has been and still is. I pray God's Holy Protection over all.

— *Janie*

We want to thank you and your staff for the professional care we received last Saturday getting the COVID-19 injection. You made a very stressful situation a lot more pleasant.

We feel those helping were volunteers and thank them for the care we recieved.

— *Bertille and Miram*

Modern Healthcare Best Places to Work 2020TM

2012 2013 2014 2015 2017 2018 2019

'BEST PLACES TO WORK' MEANS
GREAT CARE

What does it mean that *Modern Healthcare* magazine named King's Daughters Medical Center one of its Best Places to Work? The honor recognizes employers for creating workplaces that enable employees to perform at their best. As *Modern Healthcare* Editor Aurora Aguilar said, "That is the key to good patient care." Everyone at KDMC, from the CEO to the support staff, works together to provide the very best care for those they serve. **KDMC, caring for our community like no one else can.**



KING'S DAUGHTERS
M E D I C A L C E N T E R



LIFELONG CARE

KDMC IS HERE FOR YOU, ALWAYS

Your family greets your birth with joy, looks after you with love and beams with pride at life's happy milestones. So does King's Daughters Medical Center. After all, we've known you from birth. We've eased your pain and helped you feel your best. And when you're ready to start your own family, we'll be there when you need us. Anytime. Count on it. **KDMC, caring for our community like no one else can.**



KING'S DAUGHTERS
MEDICAL CENTER